

SCHOOL HEALTH EDUCATION MINOR

This minor qualifies an individual for a middle school health endorsement in the state of Illinois. An endorsement allows a licensed educator to teach health education in the middle school full time, but in the high school a licensed educator may teach health education only part time. If a student majoring in K–12 physical education would like to qualify for the secondary school health endorsement, they must also pass the Illinois State Board of Education (ISBE) Health Content Area Exam.

Program Requirements

Code	Title	Credits
BIO-1060	Human Biology	4
BIO-2080	Nutrition and Health Promotion	4
HED-3260	Strategies in Health Promotion	4
HED-3300	Planning for Health Education	4
HED-4300	Methods in Health Education	4
SWK-2050	Drugs and Human Behavior: Substance Abuse Evaluation and Treatment	4
Total Credits		24

Regulations Governing Minors

- a. Minors at Aurora University are optional. They are not required for graduation.
- b. A minor shall comprise a minimum of 18 semester hours.
- c. At least 25% of the credits applied to a minor must be earned at AU.
- d. Each minor must be developed and monitored by an approved program committee of the faculty; new or substantially revised minors require the approval of the Board of Trustees based on recommendations from the program committee, the appropriate school/college governance bodies, the Academic Dean, appropriate university governance bodies, the Chief Academic Officer, and the President.
- e. Beyond the minimum coursework requirement, the content, structure, and extent of a minor are prerogatives of the individual program committees within the schools and colleges of the university, except as otherwise defined or restricted by the academic regulations.
- f. No “D” will apply toward minors.
- g. A maximum of four (4) semester hours of credit/no credit coursework will apply toward a minor.

Learning Outcomes

- a. Candidates will demonstrate content knowledge in their program.
- b. Candidates will demonstrate the ability to plan instruction.
- c. Candidates will demonstrate the dispositions necessary for professional educators.