

# COACHING AND YOUTH SPORT DEVELOPMENT MINOR

## Program Requirements

Code	Title	Credits
SPM-2210	Sports in Society	4
SPM-2300	Coaching Principles and Techniques	4
SPM-3320	Sport-Based Youth Development	4
EXS-2500	Prevention and Care of Athletic Injuries and Illness	4
EXS-3480	Sport Psychology	4
<b>Total Credits</b>		<b>20</b>

## Regulations Governing Minors

- Minors at Aurora University are optional. They are not required for graduation.
- A minor shall comprise a minimum of 18 semester hours.
- At least 25% of the credits applied to a minor must be earned at AU.
- Each minor must be developed and monitored by an approved program committee of the faculty; new or substantially revised minors require the approval of the Board of Trustees based on recommendations from the program committee, the appropriate school/college governance bodies, the Academic Dean, appropriate university governance bodies, the Chief Academic Officer, and the President.
- Beyond the minimum coursework requirement, the content, structure, and extent of a minor are prerogatives of the individual program committees within the schools and colleges of the university, except as otherwise defined or restricted by the academic regulations.
- No "D" will apply toward minors.
- A maximum of four (4) semester hours of credit/no credit coursework will apply toward a minor.

## Learning Outcomes

- Students will be able to articulate an individual coaching philosophy intended to build and motivate a team.
- Students will be able to recognize common sports injuries and administer appropriate sport first aid.